



NM YOUTH HEALTH LINK



Youth Health

Youth Health encompasses the physical, emotional, spiritual and social well-being of Adolescents 10-24 years old. Good health of young people is vital and significant in order to increase capacity and development of youth involvement today and in the future. This is accomplished through providing the following outcomes: • Safe and supportive environments • Skills, motivation and opportunities to learn all the time (academically and/or professionally); and • Opportunity to fully participate as valuable members of their communities. These outcomes will prepare youth to assume adult roles in their families, communities and work environments.



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The purpose of the YOUTH HEALTH LINK website is to provide a centralized information and resource communication tool. This tool is designed to broaden community partnerships, collaborations and awareness in order to increase the capacity of healthier youth across the state of NM. This initiative is deemed critical so all youth in New Mexico will feel they have a future and support system (s) that are concerned about their health and well being.

PURPOSE



Thus, the Youth Health Link is a significant way to improve effectiveness, efficiency and bridge the gap between silos across NM such as; resources, communication, information and services.

***This initiative is a collaboration between [NM Forum for Youth in Community](#) and [NMDOH Office of School & Adolescent Health](#).

Issues Identified on the Adolescent Health Data Report

- Asthma
- Edu./Graduation
- Healthy Weight
- Immunizations
- Injury
- Poverty
- Pregnancy/STD
- Substance Use
- Youth Violence

Build Resiliency

- Partners/Resources
- Pos. Youth Dev.
- Other Useful Links
- YRRS

NM Adolescent Health Strategic Plan (AHSP)

New Mexico Department of Health Staff will work with community partners in Seven Capacity Areas to improve systems and services, with the aim of enhancing Adolescent Health across New Mexico. For details of each capacity area, please click on capacity area link.

Seven Strategic Plan Capacity Areas/Goals

Click Buttons

- Youth Development
- Commitment to Adol. Hlth.
- Partnerships.

[click here](#) AHSP

Adolescent Health Strategic Plan Information (AHSP)

*****The list below provides the information covered in the strategic plan**

- **NM Health System Capacity Assessment**
- **Adolescent Health Framework, Vision And Guiding Principles**
- **Key Definitions Health**
- **Circle Of Youth Influences**
- **Roger Hart's Ladder of Young People's Participation**
- **Youth Recommendations**
- **What Adolescents Say They Need**
- **Join a Capacity Area Work-Group**
- **Acknowledgements and Thanks**

- Planning and Evaluation
- Policy and Advocacy
- Edu. and Tech. Assist.
- Surveillance and Data Sys.
- Join A Work Group



HOTLINE NUMBERS



[click here](#)

Circle of Influences

"Working with young people requires a paradigm shift from viewing young people as future citizens to viewing young people as today's citizens, with the capacity to effect change when given adequate supports and opportunities..."

It requires a breakdown of stereotypes that both adults and young people have about each other. The breakdown of stereotypes can occur through positive interactions encountered as adults and young people work together as a team to achieve goals."

Source: say Y.E.S. to Youth: Youth Engagement Strategies

[click here](#)

AHDR

Adolescent Health Data Report Information (AHDR)

*****The list below provides the information included in the Data Report**

- Demographics of New Mexico Adolescents



YouthHealthLink-Newsletter

- Increasing Numbers of Adolescents
- Graduation Rates and Poverty
- Teen Births
- Highlights of Report Findings
- References

Chronic Disease

- Physical Activity
- Nutrition
- Food Security and insecurity
- Overweight and Obesity
- Diabetes
- Tobacco Use
- Asthma
- References

Injury

- Traffic Fatalities
- Substance Abuse

Depression and Suicide

- Youth Violence
- References

Reproductive And Sexual Health

- Family Planning and Safer Sex
- Sexually transmitted Diseases
- Teen Pregnancy
- Adolescents Giving Birth
- Societal Consequences of Teen Mothers
- References

Acknowledgements/Thank You

"Shout Out" and "Thank You" goes to NM Youth Artist Erin Harrison (Anime Artwork) for using his creativity and artistic talent to reflect the teen healthy lifestyles characters included on the cover pages and in the

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Asthma

Graduation Rates



Immunizations



Pregnancy/STD



Poverty

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Injury

Before



After



Healthy Weight



Substance Use



contents of the ASHP/AHDR.

His work is also included on this website. See Page 2 of the AHSP for his bio!



Youth Violence

